

Group 3

ACCESS TO HEALTHY FOODS

Facilitate safe, convenient access to healthy foods.

1. Attract new high-quality grocery stores.
2. Encourage supermarkets, small grocers, and corner stores to carry healthy, high-quality foods.
3. Share information about stores that sell healthy food with the community.
4. Establish a farmers' market in El Monte.
5. Strive for a healthy food source within walking distance of the majority of residences.

Encourage and support healthy eating habits and healthy eating messages.

1. Create an education campaign for food retailers about carrying healthy food.
2. Create an education campaign for residents about healthy eating and active living.
3. Work with schools to ensure they offer healthy foods and limit unhealthy foods.
4. Require vending machines on City property to include healthy food choices.

Avoid a concentration of unhealthy food, alcohol, and tobacco retailers.

1. Restrict the establishment of drive-through restaurants, fast-food restaurants, liquor stores and tobacco retailers near schools.
2. Limit new fast food restaurants and liquor stores in areas that already have too many of these uses.
3. Limit youth access to tobacco through a tobacco retailer license program.
4. Increase fees on tobacco retailers to pay for public health programs.

Provide opportunities for community gardens and local food production.

1. Develop new community gardens throughout the City.
2. Allow residents to grow food in yards.
3. Sponsor classes on how to grow food in yards and community gardens.

PUBLIC SAFETY

Improve public safety.

1. Continue to focus police efforts in high crime areas.
2. Create more neighborhood watch programs.
3. Address gang-related issues.

PUBLIC INVOLVEMENT AND PARTICIPATION

Involve the public in local decision making processes.

1. Encourage participation in the planning decision-making process.
2. Provide regular updates about the progress of General Plan implementation.
3. Sponsor an annual “town hall” meeting.

Continue the outreach and public education program to improve health.

1. Create an annual health report card.
2. Support community events on improved health.
3. Create an annual health and wellness day.
4. Create a health newsletter.
5. Sponsor healthy eating and fitness education programs.
6. Increase neighborhoods’ social cohesion through block parties & other community-wide social events.

Foster health and well-being of residents through collaborations/partnerships.

1. Educate the public about the links between public health and the built environment.
2. Form a Public Health Collaborative.
3. Support and form partnerships with agencies and organizations, such as school districts, to improve health in the community.

