

**Health and Wellness Element
Public Workshop #1: Health and the Built Environment and Existing Conditions
Wednesday, August 5, 2009**

**Facilitator Discussion Worksheet
Group # _____**

Please facilitate a discussion of the following topics. Before getting started, designate a spokesperson to report back on the key outcomes that would make El Monte a healthier city. The reporter should plan to present: all health issues discussed, the top 5 issues of the group, and the top 5 health priorities for the community. Use this worksheet to keep track of group comments.

Discussion Questions: 30 minutes

Thinking about tonight's presentations and the existing community conditions in El Monte:

What are the health issues in El Monte?

Prioritize top 5 issues as a group. Health issues can include any health-related concern such as identifying particularly dangerous streets/intersections, the need for bicycle lanes in certain parts of the city, lack of access to medical facilities, lack of access to healthy food, etc.

What is your vision of a healthy community?

List all ideas and then prioritize top 5 characteristics as a group

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What elements are missing or could be improved to make El Monte a healthier community?

Identify changes or improvements to the community that would support health, such as “attract a new grocery store,” “install lighting along walking paths,” etc.

Establishing Priorities: 15 minutes

Of the healthy community elements identified, what should be prioritized in El Monte’s general plan?

List all priorities and then develop a top 10 priority list with the group.

Using the post-it notes and markers, identify locations on the map where physical improvements (e.g. traffic signals, bicycle lanes, new parks, grocery store) are desired.